

## Suggested Reading List

Allen R. Kates (1999) *Cop Shock, surviving posttraumatic stress disorder (PTSD)* Holbrook Street Press

Bressel Van Der Kolk (2015) *The Body Keeps the Score: Brain, Mind and Body in the Healing of Trauma*, Penguin Books

Chris E. Stout and Laurie Cope Grand (2005) *Getting Started in Private Practice, The Complete Guide to Building Your Mental Health Practice* John Wiley & Sons, 342 pages

Dan Bernoulli (2015) *Reasonable, Justified & Necessary, Exploring the professional, physical and psychological complexities of deadly force* Looseleaf Law Productions

David Allen (2001) *Getting Things Done, The Art of Stress-Free Productivity* Penguin Group, 267 pages

David Klinger (2004) *Into the Kill Zone, a cop's eye view of deadly force* Jossey-Bass

David Grand, PhD (2001) *Emotional Healing at Warp Speed, The Power of EMDR (Eye Movement Desensitization & Reprocessing)* Harmony Books, 278 pages

Edward L Zuckerman, PhD (2003) *The Paper Office, 3<sup>rd</sup> Edition, Forms, Guidelines, and Resources to Make Your Practice Work Ethically, Legally, and Profitably* The Guilford Press, 459 pages

Ellen Kirschman, PhD (1997) *I Love a Cop, what police families need to know* The Guilford Press

Ellen Kirschman, PhD (2004) *I love a Fire Fighter, what the family needs to know* The Guilford Press

Ellen Kirschman, Mark Kamena & Joel Fay *Counseling Cops, what clinicians need to know* The Guilford Press

Francine Shapiro, (1995) *Eye Movement Desensitization & Reprocessing, Basic Principles, Protocols, and Procedures* The Guilford Press, 398 pages

Gavin DeBecker (1997) *The Gift of Fear, and other survival signals that protect us from violence* Dell

James Meuer (2013) *Damaged: A first responder's experiences handling Post-Traumatic Stress Disorder* West Bow Press

Joel Fay PsyD, Mark D Kamena PhD, Al Benner PhD, Ann Buscho PhD & D. Nagle  
*Emergency Responder Exhaustion Syndrome (ERES): A perspective on stress, coping  
and treatment in the emergency responder milieu*

International Association Chiefs of Police (IACP) Guidelines  
*Consulting Police Psychologist* (Chicago 2011)  
*Psychological Fitness-for-Duty Evaluation* (Philadelphia 2013)  
*Officer Involved Shooting* (Philadelphia 2013)  
*Peer Support* (Chicago 2011)  
*Preemployment Psychological Evaluation* (Orlando 2014)

Kevin M. Gilmartin, PhD (2002) *Emotional Survival for Law Enforcement, a guide for  
officers and their families* E-S Press

Mark Lindsay & David Lester (2004) *Suicide by Cop, committing suicide by provoking  
police to shoot you* Baywood Publishing Company, Inc.

Mary Alice Fisher (2009) *Replacing "Who is the Client?" With a Different Ethical  
Question* American Psychological Association

Paul J Silva, PhD (2007) *How to Write a Lot, A Practical Guide to Productive Academic  
Writing* American Psychological Association Life Tools, 149 pages

Peter Canning (1997) *Paramedic, On the Front Lines of Medicine* The Random House  
Pub. Grp.

Police Chief Magazine (August 2011) *The Professional Voice of Law Enforcement*

Richard Behr (2000) *Under the Headset, surviving dispatcher stress* Staggs Publishing

Robyn Robinson & Patricia Murdoch (2003) *Establishing and Maintaining Peer  
Support Programs in the Workplace* Chevron Publishing Corp

T. Cooper Smith (2009) *Bloody Sunday: Surviving Post Traumatic Stress Disorder  
with EMDR* Lulu.com

The California Psychologist (Sept/Oct 2013) Volume 46, Number 5, Page 4

Timothy W. Dietz, BS, EMT-P (2001) *Scenes of Compassion, a responder's guide for  
dealing with emergency scene emotional crisis* Chevron Publishing Corp

Zac Unger (2004) *Working Fire, The Making of an Accidental Fireman* The Penguin  
Press